

# A Path to Happiness

## Small Group Discussion Questions

Do you ever take time to think about the purpose of your life?

What are your true passions?

Have you ever felt you had a calling for something in your life? Why did/have you never pursued it? Would it be you compromised your happiness for someone else's version?

Would you agree with this statement: "Nothing is more tiring than doing nothing"? Have you ever battled this issue?

If "rolling out of bed" is the hardest step to exercise, how can you break through that?

How does the world try to change your "smile"? How can you let your "smile" change the world?