

CHOW TO LIF... GHEAT...AND STEAL... YOUR WAY TO HAPPINESS!

DOWN AND THINK ABOUT THE PURPOSE, PASSION AND CALLING ON YOUR LIFE.

"Nothing is more tiring than doing nothing." - Anon

"NO PERSON IS A FOOL WHO GIVES AWAY WHAT THEY CANNOT KEEP TO GAIN WHAT THEY CANNOT LOSE." - Anon

LIFE'S HAPPIEST MOMENTS ARE FOUND IN THE JOYFUL, UNSELFISH PURSUIT OF SERVICE TO OTHERS.

"In some way, suffering ceases to be suffering at the moment it finds a meaning..."
-Viktor E. Frankl, Man's Search for Meaning

Three gifts I have are:,	,	
The burden I'd like solved is		·
I can use my gifts to solve this problem by		

FATHER TIME AND LIVE A LONG, HEALTHY LIFE.

We HAVE to keep our bodies and our minds moving.

Rolling out of bed is the biggest enemy of all. It's the hardest step. I RUN THIS BODY!!!

AWAY AND SPEND TIME WITH FAMILY AND FRIENDS.

"In the end, you will have more relational, not possessional, regrets." - Andy Stanley

"Don't let the world change your smile. Let your smile change the world." -Anon

"Our...happiness in life is found in placing our ear to the chest of God and listen to His heartbeat, then with our lives, repeat to the world what we heard." - Anon